Winning is a habit.
Unfortunately, so is losing.
-Vince Lombardi



A presentation by Amit Trivedi Author, Blogger, Trainer

Qualities or Habits?

What is more important?



"We are what we repeatedly do. Excellence, then, is not an act but a habit.<u>"</u>

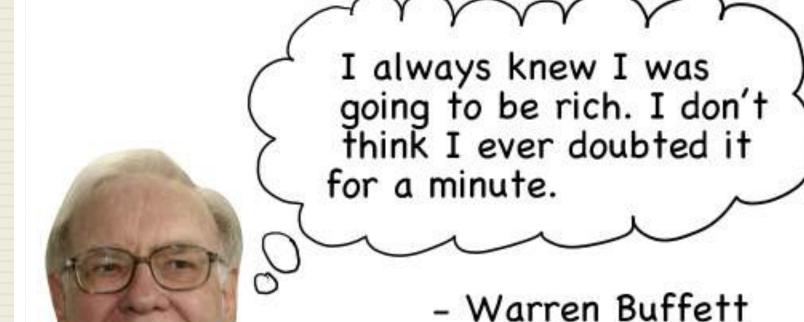
- Aristotle

What makes one a winner

Winning Mindset

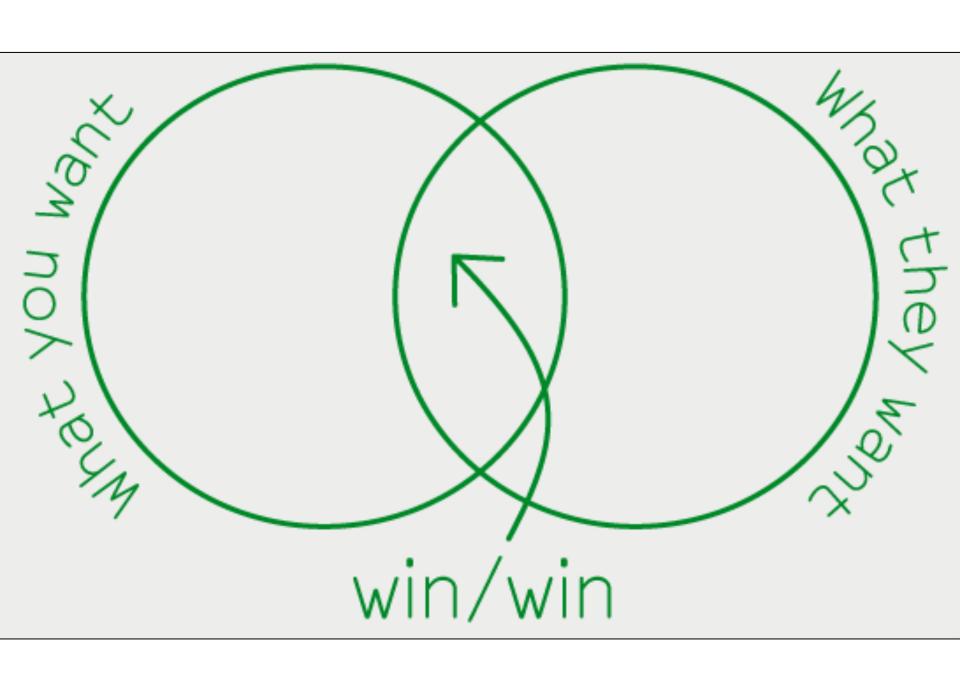
&

Winning Habits



Winning mindset







"We first make our habits, and then our habits make us."

Winning Habits

The heights by great men reached and kept were not attained by sudden flight, but they, while their companions slept, were toiling upward in the night.

Henry Wadsworth Longfellow

They control their calendar





Fortune favors the prepared mind. (Louis Pasteur)

They set goals – personal & business

The Victory of Success Is Half Won When One Gains The Habit of Setting and Acheiving Goals

~ Og Mandino

They track progress of activities

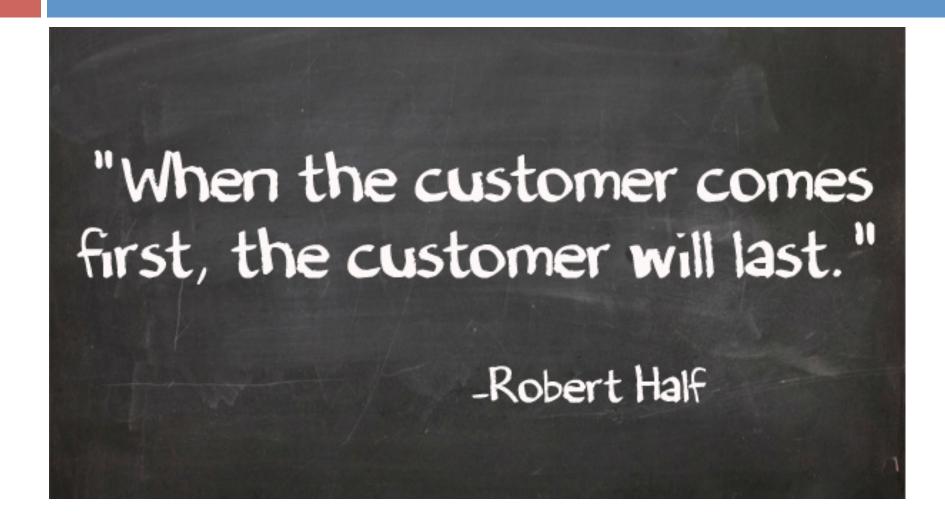


They contemplate

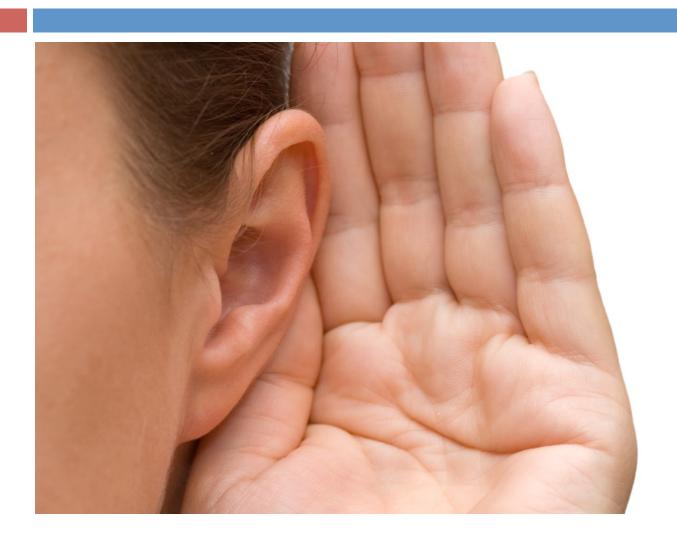
"IT TAKES AN EXTRAORDINARY INTELLIGENCE TO CONTEMPLATE THE OBVIOUS."

ALFRED NORTH WHITEHEAD

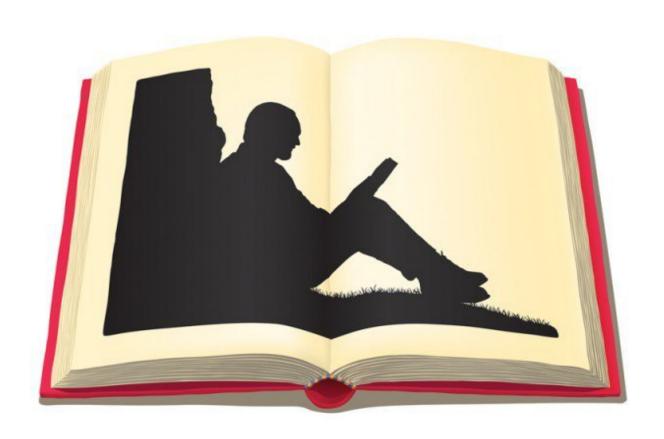
Putting the customer first ...



Regularly communicate with their clients



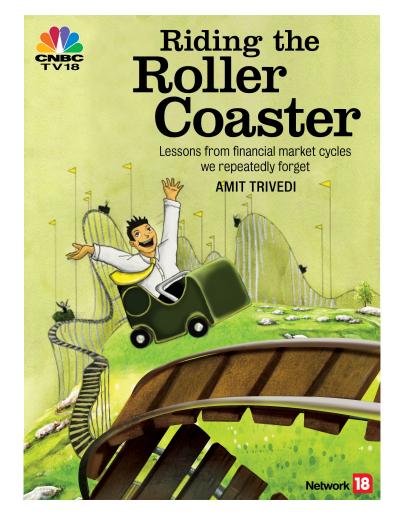
They read books, regularly



The more I know, the more I realise how little I know

"We first make our habits, and then our habits make us."

Thank you





www.ridingtherollercoasterthebook.com

www.karmayog-knowledge.blogspot.com